



HOCKEY INDIA

POSITION DESCRIPTION

**PHYSIOTHERAPIST
INDIA WOMEN NATIONAL HOCKEY TEAM**

1. Position

Physiotherapist, Indian Senior Women National Hockey Team

2. Primary Role:

To assess and treat any injuries that occurs during training sessions or matches using appropriate treatment modalities.

To provide a coordinated return to sport rehabilitation program for any injured athlete. To provide onward referrals for injured athletes to appropriate sports medicine professionals for diagnosis and further consultation.

3. Term of position:

The successful applicant will be engaged by Hockey India / Sports Authority of India on a contract up to 31 December 2020 ie the 2020 Tokyo Olympic Games Cycle, subject to the satisfactory completion of a 6 month probation period.

4. Salary package:

As per Sports Authority of India norms.

5. Reporting:

- a) Director, High Performance
- b) Chief Coach, Indian Women Hockey Team
- c) Sports Authority of India

HOCKEY INDIA

Hockey India (HI) is the National Sports Federation for the sport of Hockey in India. Hockey India is affiliated to the International Hockey Federation, Asian Hockey Federation and Indian Olympic Association.

Hockey India has the responsibility to develop and manage the national teams programmes and works in close coordination with the Sports Authority of India (SAI) in the delivery of the national teams programmes across senior and junior hockey.

SPORTS AUTHORITY OF INDIA

The Sports Authority of India (SAI) is a body set up by the Government of India. The objectives of SAI are to promote and broad-base sports in the country and to implement schemes / programmes for

achieving excellence in sports in different disciplines at international level in order to establish India as a major sporting power. It also act as an interface between the Ministry of Youth Affairs & Sports and other agencies concerned with the promotion/ development of sports in the country on the other hand, i.e., State Govt., U.T. Administration, IOA, National Sports Federations, Sports Control Boards, Industrial Houses, etc.

ROLE SUMMARY

Reporting to the Indian Women Hockey Team Chief Coach and the High Performance Director, Hockey India, the Physiotherapist will be responsible to ensure the health and fitness of the Senior women core probables. In the event of injury, the Physiotherapist must assess, investigate and treat the player providing a modern approach to sports in jury.

The Physiotherapist is responsible for reporting all injuries; their nature, treatment regime and rehabilitation period to the Chief Coach and High Performance Director.

The Physiotherapist is also responsible for the ordering and recording of any stock, consumables or equipment used by the Senior women team.

RESPONSIBILITIES

1. REPORTING & COMMUNICATION

This position also works closely with:

- Director High Performance
- Chief Coach, Indian Men Hockey Team
- Scientific Advisor
- Hockey India management team and Executive Board
- Coaches and support staff for senior men
- Sports Authority of India
- Sports Authority of India Centre staff
- High Performance and Development Committee
- Hockey India Selection Committee

The Physiotherapist will be required to submit regular reports to management on the status of the national team and core probables with regard to analyses of injuries and treatment program plans.

2. KEY RESPONSIBILITIES

- **Development & Planning**
 - Provide athlete screening on a regular basis and give findings to Director, High Performance.
 - To liaise with the Chief Coach and the Scientific Advisor regarding athletes conditioning and rehabilitation programs.
 - To liaise with Hockey India to ensure essential equipment and consumables are available for training camps and tours.
 - To act as a senior member of the touring party responsible for the prevention of injury (strapping, massage) and recovery of athletes.
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- ✓ **Administration**

- To keep comprehensive records of all athlete treatments.
- Report any significant injuries to Director, High Performance with an appropriate treatment plan.
- Submit reports on athlete's injury status and welfare following any tours or domestic competitions.

- ✓ **Practical Involvement**

- Attend all training sessions.
- Attend all matches
- Provide treatment to athletes as required
- To oversee pre-habilitation and rehabilitation sessions in conjunction with the Scientific Advisor.
- To liaise with the team Masseur

3. Skills

- ✓ Excellent communication Skills
- ✓ Organised and ability to work independently
- ✓ To work within a team environment (Coach, Sports Scientist, Masseur & Sports Physician).
- ✓ Expertise in the following treatment modalities:
 - Sports Taping
 - Manipulation
 - Electrotherapy
 - Dry Needling
 - Remedial Massage

4. Working Hours

As a Physiotherapist for the Indian Women National Hockey Team you will be required to be available during all Coaching Camps, all Rehabilitation Camps and for all Competitions involving the National Team. The Job would be full time during the camps & competitions.

5. Experience & Values

- ✓ A Post Graduate qualification in Physiotherapy.
- ✓ A minimum of 5 years experience working with a high level/elite sporting team.
- ✓ Experience working independently and as an integral part of a professional coaching staff.
- ✓ An understanding of professional sport and the demands involved.
- ✓ Ability to write programs, meet deadlines and manage time effectively.
- ✓ Ability to meet the after-hours and travel requirements of the role.

Applications should be submitted via email and include a cover letter **addressing the Qualifications & Experience and the Minimum Skills Set outlined in the Position Description** as well as a current resume.

Applications not addressing the Qualifications & Experience and Minimum Skills Set will not be considered.

Please forward your application to CEO, Hockey India by 31st January, 2019.

HOCKEY INDIA

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